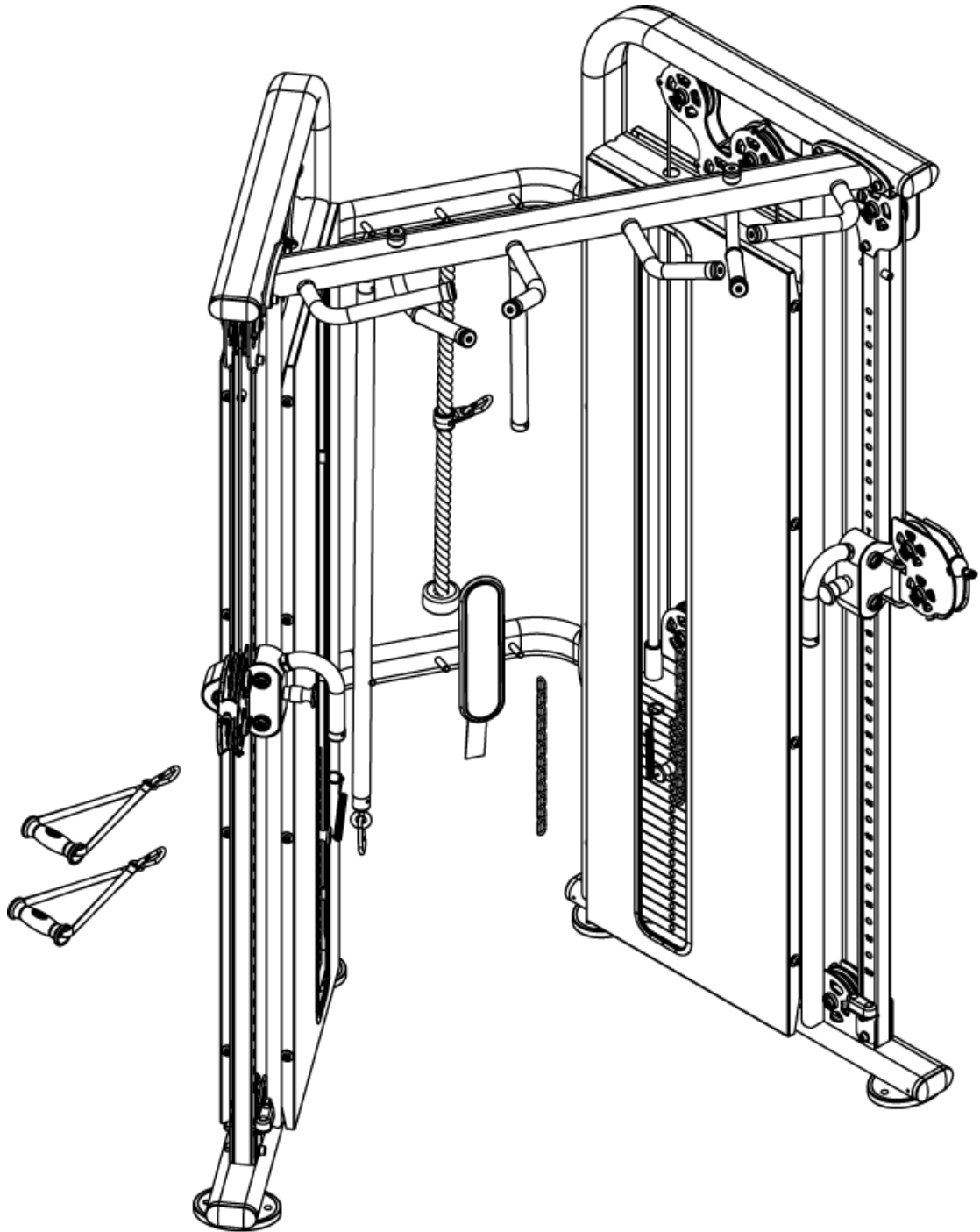
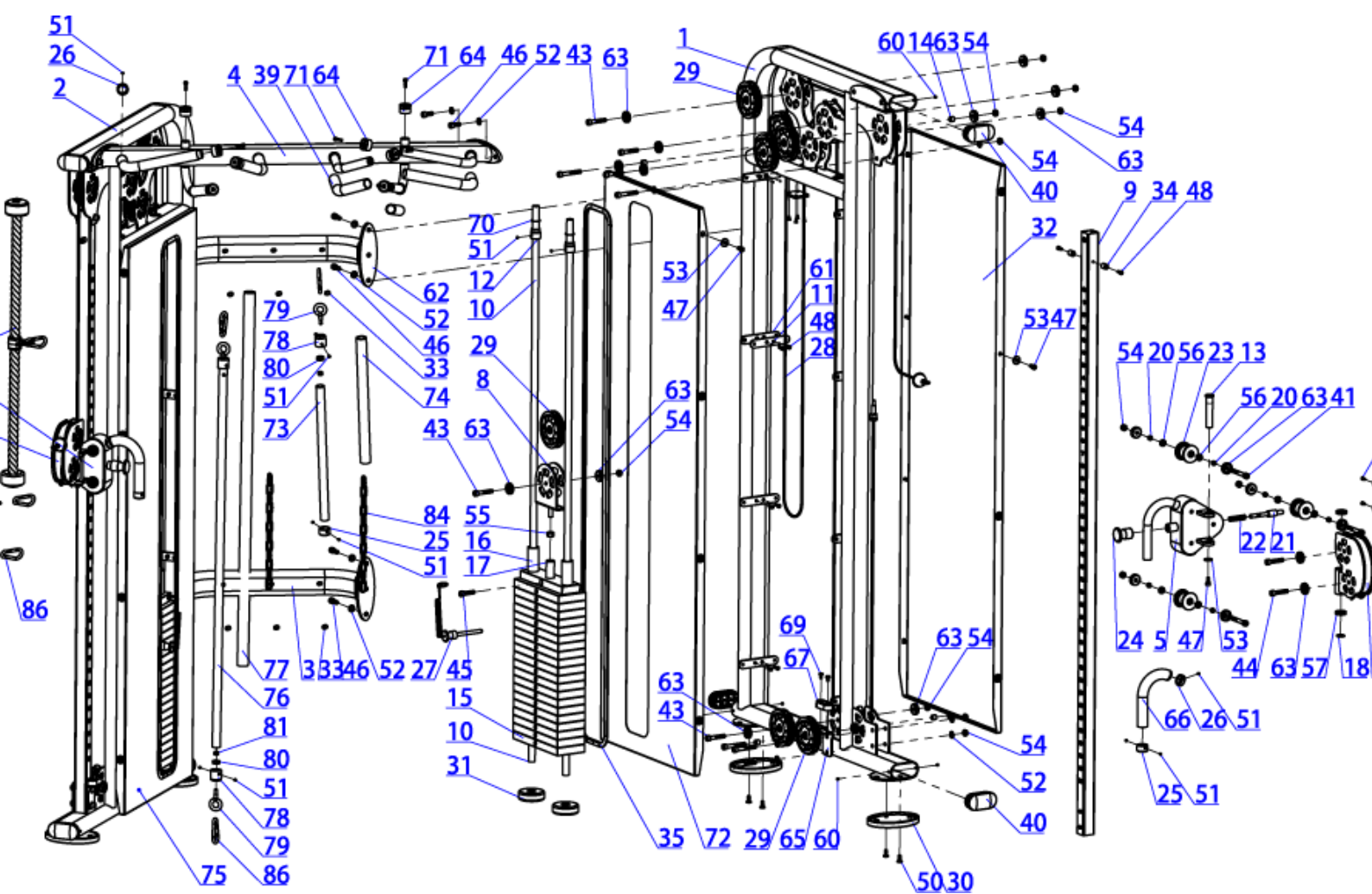


Origin Dual Adjustable Pulley

OF-CS-DAP



EXPLODED DRAWING & PARTS LIST



Parts List

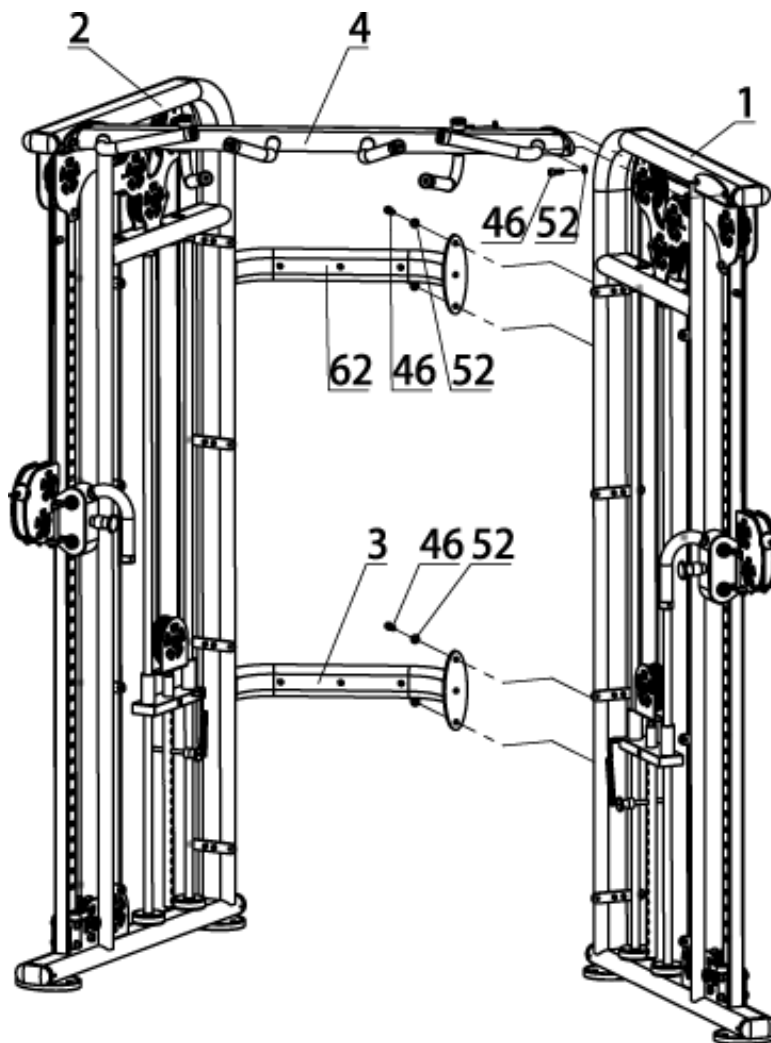
No.	Description	Q'ty	No.	Description	Q'ty
1	Left Main Frame	1	44	Hex Bolt M10x50mm	4
2	Right Main Frame	1	45	Hex Bolt M10x40mm	2
3	Cross Frame	1	46	Hex Bolt M10x25mm	12
4	Upper Cross Frame	1	47	Hex Bolt M8x15mm	34
5	Left Sliding Bracket	1	48	Hex Bolt M6x15mm	36
6	Right Sliding Bracket	1	49	Hex Bolt M5x10mm	8
7	Front Wheel bracket	2	50	Screw M8x20mm	8
8	Middle Wheel Bracket	2	51	Screw M6x4mm	24
9	Adjusting Square Tube	2	52	Flat Washer M10	24
10	Guide Shaft	4	53	Flat Washer M8	34
11	Cover Fixing Bracket	16	54	Lock Nut M10	30
12	Bush for Guide Shaft	4	55	Nut M12	2
13	Pivot Shaft	2	56	Ball Bearing 61800	12
14	Bush For Wheel	8	57	Ball Bearing 61804	4
15	10LB Weight Stack	40	58	Bumper Washer	2
16	Upper Weight Stack	2	59	Bolt M5x10	8
17	Selecting Rod	2	60	Lock Bolt M6x6	12
18	Washer for Ball Bearing	2	61	Cover Fixing Plate	16
19	Sliding Bracket Cover	2	62	Rear Support Bracket	1
20	Bush For Sliding Wheel	12	63	Cover Cap	48
21	Pin	2	64	Aluminum End Cap $\Phi 34.5 \times \Phi 6.5$	8
22	Spring	2	65	Support Plate	2
23	Sliding Wheel	6	66	Foam Grip 225mm	2
24	Knob	2	67	Bumper Cushion 30*70*20mm	2
25	Aluminum End Cap $\Phi 33 \times \Phi 26$	3	68	Hex Bolt M10x70mm	8
26	Ring	8	69	Screw M6x12mm	4
27	Magnetic Pin	2	70	Ring $\Phi 19 \times 1.8$	4
28	Cable	2	71	Hex Bolt M6x20mm	8
29	Pulley $\Phi 115$ mm	14	72	Left Front Cover	1
30	Rubber Foot Cap	4	73	Short Bar	1
31	Bumper Cushion $\Phi 80 \times 25$	4	74	Short Bar Foam	1
32	Rear Cover	2	75	Right Front Cover	1
33	Hook Cover	6	76	Long Bar	1
34	Rubber Bushing	4	77	Long Bar Foam	1
35	Plastic Strip	2	78	Aluminum End Cap $\Phi 33 \times M25$	3
36	Pulley $\Phi 95$ mm	4	79	Hook Ring	3
37	Foam Grip 160mm	2	80	Bearing 608ZZ	3
38	Foam Grip 345mm	2	81	Nut M8	3
39	Foam Grip 290mm	2	82	Hand Grip	2
40	Plastic End Cap	6	83	Ankle Strap	1
41	Hex Bolt M10x80mm	6	84	Chain	2
42	Hex Bolt M10x65mm	2	85	Tricep Rope	1
43	Hex Bolt M10x55mm	10	86	Hook	6

ASSEMBLY

STEP 1

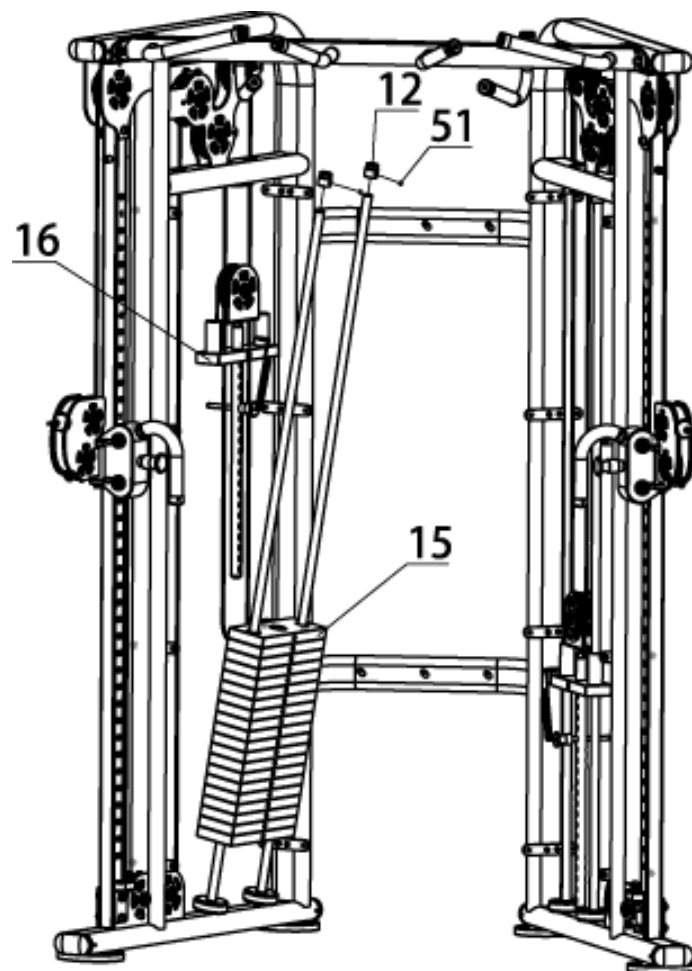
1. Please attach the Cross Frame (3) to the Left Main Frame (1) and Right Main Frame (2), using 8 Hex Bolts M10x25mm (46) and 8 Flat Washers M10 (52).
2. Attach the Upper Cross Frame (4) to the Left Main Frame (1) and Right Main Frame (2), using 4 Hex Bolts M10x25mm (46) and 4 Flat Washers M10 (52).

Please make sure to tighten all the bolts.



STEP 2

1. Please loosen the Screw M6x4mm (51) that pre-assembled to the Left and Right Main Frames (1&2). Then lean the Guide Shaft (10) inwards, but don't pull out from the frame. Next, remove the Bush for Guide Shaft (12) and Upper Weight Stack (16).
2. Put the Weight Stack (15) to the frame from the top of the Guide Shaft (10), each side to put 20 pieces Weight Stacks (15).
3. Put back the pre-assembled set of Upper Weight Stack (16) and Bush for Guide Shaft (12). Then make the Guide Shaft (10) to upright position, insert the Bush for Guide Shaft (12) to the hole of Frame (1&2), and tighten the Screw M6x4mm (51).



STEP 3

Fix the Front Covers (72&75) and Rear Covers (32) to Left and Right Main Frames (1&2) using 16 Hex Bolts M8x15mm (47) and 16 Flat Washers M8 (53).

Please tighten all the bolts.

